




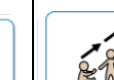







Ecclesfield follows the PSHE Association SOW and the Learn Sheffield Online Safety and RHE SOW

RHE SOW - Colour coding and location of planning										
RHE SOW	Online Safety Learn Sheffield	Online Safety *	PSHE Association Please use your login details to access the PSHE Association website	Drugs	Consent Lessons	Financial Capability	Racism - Primary (KS1 and KS2) lessons - Anti-Racism Education (antiracism.education) links within planning			
Substantive concepts										
Mental Wellbeing (M)	Family (Fa)	Friendship (Fr)	Community (C)	Physical Health (P)	Growing up (G)	Online safety (OS)	Financial capability (FC)	Drugs and alcohol (DA)	Racism (R)	Consent (Cn)
 Mental Wellbeing	 Family	 Friendship	 Community	 Physical Health	 Growing Up	 Online Safety	 Financial Capability	 Drugs and Alcohol	 Racism	 Consent

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Y1	Os) Passwords C1 * H4 - about why sleep is important and different ways to rest and relax	<u>Lesson 1: Talking about race and racism</u> Racism	M1) Where do feelings come from? P2) How do I decide what to eat? Os) What is the internet? C2*	Fa1) Who's in my family? CW resource pack 3 Os) Choosing what to do online L2* H30. about how to keep safe at	Fr2) What makes a good friend? Fr3) Should friends tell us what to do? Cn) Asking for permission	M3) What helps me to be happy? Os) Communicating online * Os) Being kind online S2*

	<p>Fr1) Who is my friend? Pl) How do I help my body stay healthy? CW resource pack-3e Os1) Screen time (LI)</p>	<p><u>Lesson 2:</u> <u>Defining anti-racism</u> Racism</p> <p><u>Lesson 3:</u> <u>Redefining racism</u> Racism</p> <p><u>Lesson 4:</u> <u>Understanding racial socialisation and stereotypes</u></p>	<p>FC) L10. what money is; forms that money comes in; that money comes from different sources L13. that money needs to be looked after; different ways of doing this Financial Capability</p> <p>L10. what money is; forms that money comes in; that money comes from different sources</p> <p>Financial Capability</p> <p>L13. that money needs to be looked after; different ways of doing this</p>	<p>home (including around electrical appliances) and fire safety (e.g. not playing with matches and lighters) H31. that household products (including medicines) can be harmful if not used correctly</p>	<p>R9. how to ask for help if a friendship is making them feel unhappy Os) Searching safely P3 *</p> <p>Drugs-Keeping Safe Things that go into and onto our bodies</p>	
Y2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Cl How do we	Os2) Personal information (SI)	Fa2) Do families	Fa4) When should I say no?	Os4) Fake News (NI) M2) Who am I?	Os) Feeling uncomfortable online *

	<p>make a happy school? C2 Who lives in my neighbourhood? Os3 Online strangers (P1)</p> <p><u>Lesson 1: Talking about race and racism</u> <u>Lesson 2: Defining anti-racism</u></p>	<p>FC) L11. that people make different choices about how to save and spend money L12. about the difference between needs and wants; that sometimes people may not always be able to have the things they want</p> <p><u>Lesson 3: Redefining racism</u> <u>Lesson 4: Understanding racial socialisation and stereotypes</u></p>	<p>always stay the same? H20 - about change and loss (including death): to identify feelings associated with this; to recognise what helps people to feel better Fa3) How should families treat each other? P3) How do we stop getting ill?</p> <p><u>Lesson 5: Unconscious bias</u> Racism</p>	<p>Os) Accepting messages C3* Fa5) Who owns my body? I do! G1) How bodies change as we get older (link with science) CW resource pack 3a</p> <p><u>Lesson 6: Being anti-racist in our actions</u> Inclusion, belonging and addressing extremism Sameness and difference</p>	<p>P4) How can I stay safe? Drugs-Keeping Healthy-Medicines Drugs-Keeping Safe-Medicines and Household Products</p> <p><u>Lesson 7: Representation matters</u></p>	<p>C3) What makes a boy or a girl? CW resource pack 1/3D</p> <p>Fa6) Are all families the same?</p> <p><u>Lesson 8: Myth busting anti-racism</u></p>
Y3	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	<p>Fr11) What makes a good friend? Os1) Online strangers (P1) Os2) Sharing Online(P2)</p> <p><u>Lesson 1: Talking</u></p>	<p>Fa1) Do families always stay the same? Fa2) Are all families like mine? Cn1) Giving and seeking permission</p>	<p>P1) How do I keep my body healthy? H48. about why people choose to use or not use drugs (including nicotine, alcohol and medicines);</p>	<p>M1) How do I manage my feelings? Os3) Friendship Online (S1) P2) How do I get a healthy diet?</p>	<p>Os4) Personal Information (C2) P3) How do I stop getting ill? H40. about the importance of taking medicines</p>	<p>Os) Deciding what is appropriate L3 * Os) Suspicious Messages C4 *</p>

	<p><u>about race and racism</u> Racism</p> <p><u>Lesson 2: Defining anti-racism</u></p>		<p>H50. about the organisations that can support people concerning alcohol, tobacco and nicotine or other drug use; people they can talk to if they have concerns</p> <p>Os) Screen Time L1*</p> <p>Os) Sleep L2*</p>		<p>correctly and using household products safely, (e.g. following instructions carefully)</p> <p>Drugs-Safety rules and risks- Medicines and Household Products</p>	
Y4	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	<p>Os) Passwords C5 *</p> <p>Fr2) Are all friends the same?</p> <p>Fr3) Are friendships always fun?</p> <p>M2) Are we happy all the time?</p>	<p>C1) How do we make the world fair?</p> <p>Cn2) Personal Boundaries</p> <p>Os) Copyright C3 *</p> <p>C2) Where do you feel like you belong?</p> <p>C3) How can we help the people around us?</p>	<p>Os5) Digital media (N1)</p> <p>Os6) Verifying content and echo chambers (N3)</p> <p><u>Lesson 1: Talking about race and racism</u></p> <p><u>Lesson 2: Defining anti-racism</u> Racism</p>	<p><u>Lesson 3: Redefining racism</u></p> <p><u>Lesson 4: Understanding racial socialisation and stereotypes</u></p> <p>Fa3) Are boys and girls the same?</p> <p>Fa3) How should we treat people who are different?</p> <p>Os) Media Bias N2 *</p>	<p>Os) Advertising C1 *</p> <p>H49. about the mixed messages in the media about drugs, including alcohol and smoking/vaping</p> <p>H47. to recognise that there are laws surrounding the use of legal drugs and that some drugs are illegal to own, use and give to others</p> <p>P4) How do I save a life?</p>	<p>G1) What is a period-CW resource pack 4/pack 5</p> <p>Drugs-Safety rules and risks- Alcohol and smoking Inclusion, belonging and addressing extremism Belonging to a community</p>

Y5	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	<p>Os) Passwords C3*</p> <p>Os1) Control and consent (S1)</p> <p>Os2) Protecting our identity(P1)</p> <p>Os3) Meeting strangers online (P4)</p> <p>G1) How will my body change as I get older? CW resource pack 6/pack 7/pack 8</p> <p>Os) Protecting images of us online P2*</p> <p>Os) Unhealthy Attention P3 *</p> <p>G2) How will my feelings change as I get older?</p> <p>G3) How will I stay clean during puberty?</p> <p>G4) What is menstruation? CW resource pack 4/Pack 5</p>	<p>P1) Is there such a thing as a perfect body?</p> <p>Os) Self Esteem L2 *</p> <p>P2) How can I stay fit and healthy?</p> <p>Os) Digital '5 a day' L4 *</p> <p>P3) Can I avoid getting ill?</p> <p>Os) Social Media anxiety L1*</p> <p>Os) Fake news N2 *</p> <p>Inclusion, belonging and addressing extremism</p> <p>Stereotypes</p>	<p>M1) Does everybody have the same feelings?</p> <p>M2) Should we be happy all the time?</p> <p>Os8) Does the internet make us happy? (L1)</p> <p>M3) Why do we argue?</p> <p>M4) Who am I?</p>	<p>Os4) Personal Information, terms and conditions</p> <p>Os) Copyright C3 *</p> <p><u>Lesson 1: Talking about race and racism</u></p> <p><u>Lesson 2: Defining anti-racism</u></p> <p><u>Lesson 3: Redefining racism</u></p> <p><u>Lesson 4: Understanding racial socialisation and stereotypes</u></p>	<p>Fa1) Why do some people get married?</p> <p>Fa2) Are families ever perfect?</p> <p>Fa3) Is there such a thing as a normal family?</p> <p>Drugs-Managing Risk-Medicine</p>	<p>Fr1) What makes a close friend?</p> <p>Fr2) Should I try and fit in with my friends?</p> <p>Os) Online Behaviour S2 *</p> <p>Fr3) Should friends tell us what to do?</p> <p>Fr4) Why are some people unkind?</p> <p>Os5) Analysing Digital Media (N1)</p> <p>Os) Game ratings L6 *</p> <p>Drugs- Managing risk-Illegal and legal drugs</p>
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2

<p>Y6</p>	<p>Os6) Bias (N2) Fr5) What are stereotypes? Os) Online Stereotypes L5 * Fr6) How do I accept my friends for who they are? <u>Lesson 1: Talking about race and racism</u> <u>Lesson 2: Defining anti-racism</u> Inclusion, belonging and addressing extremism Extremism</p>	<p>C1) What is prejudice? Os7) Echo Chambers (N5) C2) What is the history of prejudice? C3) What should I do if I encounter prejudice? <u>Lesson 3: Redefining racism</u> <u>Lesson 4: Understanding racial socialisation and stereotypes</u></p>	<p>Sx1) How do plants reproduce? (N.B. Taught through science - does not include sexual intercourse) C4) How can I be a great citizen? C5) Why is money important? Os) Online Ads and money on the internet C1* Os) In App purchases and credit card info C5 * <u>Lesson 5: Unconscious bias</u> <u>Lesson 6: Being anti-racist in our actions</u></p>	<p>P4) Why do some people take drugs? P5) Where should I get my health information? Os) Inaccurate health info L3* P6) How do I save a life? Os) Meeting Strangers P4 * <u>Lesson 6: Being anti-racist in our actions</u> <u>Lesson 7: Representation matters</u></p>	<p>C6) Who belongs in our country? C7) What does it mean to be British? Os) Verifying info online N3* Drugs-Managing risk-influence and pressure Drugs-Managing risk-Drugs, alcohol and the media <u>Lesson 8: Myth busting anti-racism</u></p>	<p>G1) How will my body change as I get older? CW resource pack 6/pack 7/pack 8 Os) Unhealthy Attention P3 * G2) How will my feelings change as I get older? G3) How will I stay clean during puberty? G4) What is menstruation? CW resource pack 4/Pack 5 Cn3) Appropriate and Inappropriate Touching</p>
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