

When should you **self-isolate?**

There are new rules **from 16 August**.
Here's what to do if:

You've had a positive PCR test:



You need to **self-isolate**, even if you've been vaccinated

You have symptoms of Covid-19:



You should **self-isolate** and **take a PCR test** even if you've been **double-jabbed**



You've been in contact with someone who's tested positive for Covid-19:



If you're 18 or over and **not double-jabbed** you'll need to **self-isolate**



If you're **double-jabbed**, or if you're **under 18**, **take a PCR test**, but only self-isolate if it's positive

