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Executive Head J. Eagleton BSc Hons PGCE NPQH

12th January 2023

### NSPCC's Underwear Rule

Dear Parents and Carers,

This term Lion and Tiger classes will be discussing the NSPCC's Underwear Rule as part of our PSED lessons.

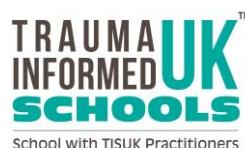
During these discussions we will aim to teach the following important safety skills without giving explicit information or telling scary stories. We will be teaching the children about the NSPCC's Underwear Rule, using the 'PANTS' acrostic, which is like a green cross code for staying safe  
PANTS stands for:

- Privates are private
- Always remember your body belongs to you
- No means no
- Talk about secrets that upset you
- Speak up, someone can help

The lessons will introduce a range of ideas, all delivered in a way that is fully age appropriate. These include:

- "appropriate" and "inappropriate" touching
- your child's right to say no to things that make them feel upset or uncomfortable
- naming parts of the body
- who your child can turn to if they ever feel upset or worried.

We will share the story 'Alien's love underpants' and design our own underpants too.



If you would like to know more about the NSPCC's campaign and see how you can help keep your children safe in partnership with your child's school, more information can be found at <https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/>

If you have any questions or concerns please don't hesitate to get in touch.

Thank you for your continued support.

Miss Garnett  
Early Years Lead

