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19th January 2024

NSPCC's *Speak out. Stay safe.* Programme

Dear Parents and Carers,

I am pleased to inform you that we are participating in the **NSPCC's *Speak out. Stay safe.* Programme** this half term. *Speak out. Stay safe.* is a series of lessons which aims to help children recognise abuse and to give them some strategies to seek support and put a stop to abuse.

This child friendly programme is aligned with our RHE curriculum and consists of age appropriate vocabulary in an online assembly and classroom-based activities delivered by your child's class teacher. The content is delivered in an engaging and interactive way with the help of the NSPCC mascot called 'Buddy'.

If you would like to know more about the *Speak out. Stay safe.* programme visit www.nspcc.org.uk/speakout.

Additional NSPCC resources for families to help keep children safe can be found below:

<p>Parent/Carer support Take a look at information, support, advice and activities from NSPCC for parent and carers. www.nspcc.org.uk/parents</p>	<p>Activities to extend learning at home Take part in games and activities at home to help children learn about speaking out and staying safe. www.nspcc.org.uk/activities</p>
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<p style="text-align: center;">Online Safety Hub</p> <p>For information on a range of different online safety topics including gaming, social media, sharing images, parental controls and more.</p> <p style="text-align: center;">www.nspcc.org.uk/onlinesafety</p>	<p style="text-align: center;">Childline - under 12's</p> <p>Childline have an accessible website with advice, support, games and activities. Children can change the language, enlarge text and also listen to the content.</p> <p style="text-align: center;">www.childline.org.uk/buddy (5-7) www.childline.org.uk/kids (7-11)</p>
<p style="text-align: center;">Talk PANTS with your children</p> <p>Talk PANTS is a simple conversation to help keep children safe from sexual abuse. From P through to S, each letter of PANTS provides simple but important messages. Download the free resources at www.nspcc.org.uk/pants.</p>	

I hope you find this information about the NSPCC and the *Stay safe. Speak out.* programme helpful. Please do contact me if you have any further questions.

Yours sincerely,

Miss Garner

