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31st October 2024

[Trauma Informed Parental Workshop](#)  
[Thursday 7th November \(9.30am-12.30pm\)](#)

Dear Parents and Carers,

In recent years, Ecclesfield Primary School has undertaken a lot of work to ensure that we adhere to the latest guidance on ensuring that staff take a 'trauma informed approach' when interacting with children in school. This has strongly become part of the school's ethos as we have engaged with whole school events to promote wellbeing such as Children's Mental Health Week. We also work hard in school to equip the children to both recognise and regulate their emotions with our 'Zones of Regulation'.



As always, we aim to work alongside families at home and so recognise the need to involve you in the work that we are doing. Consequently, we have arranged a workshop facilitated by the Sheffield Parent-Carer Forum on **Thursday 7th November 2024**. The workshop will take place between **9.30am - 12.30pm** and be located in the Large Hall (please enter school via the main office). The workshop will provide training on understanding emotional triggers behind challenging behaviours and how to best support your child to regulate their emotions.

If you wish to attend, please **sign up** using the **£0.00 offer via ParentPay** entitled **"Trauma Informed Workshop"**.

We hope to see you there.

Thank you for your continued support.

Mrs Robinson

