



Child Anxiety Workshop



Suitable for parents/carers interested in finding out how to support their child with managing anxiety.

Learn how to support children with their anxiety by finding out:

- What is child anxiety?
- What does child anxiety look like?
- What can I do to support my child?
- Exploring useful resources and books
- Sharing experiences and ideas

This workshop could lead to other learning opportunities. Please ask your tutor for more information.

Where: Ecclesfield Primary School

Date: Wednesday 19th November 2025

Time: 9am-11am

To book: Please complete the ParentPay offer to book your place. Spaces are limited so please ensure you book early. This workshop is funded by SYMCA so there is no cost to you. Please bring ID with you to the session.

Please bring ID to the session

(Anything that shows your name)

